

Writing Mentor Contract: Meg-John Barker

This contract sets out the aims, purpose, and boundaries for the writing mentorship sessions that I offer.

Confidentiality

The content of our exchanges will be kept confidential. That means that I won't discuss what we've talked about with anybody else unless you want me to. It's fine for you to let people know that you are working with me, and you can tell me whether you are happy with me doing the same, or whether you would prefer that I kept that confidential too. Either is fine.

Supervision

Generally writing mentorship doesn't require supervision, but occasionally it can be the case that such a relationship stops working well for one or both people. If this happens I will talk to a colleague who is both a writer and a therapist to get support, keeping the details of who you are anonymous.

Payment

I usually charge £15 per session per £10,000 you earn annually (e.g. £30 if your annual income is £20,000), or whatever your clients pay you if you are a practitioner. I may be able to negotiate a quid pro quo arrangement with you instead of payment. If I am reading your work between sessions that will also be charged on an hourly basis.

Length, duration and place of sessions

Sessions will generally be 50 minutes long and take place online. Longer sessions are a possibility, as is face-to-face (outside lockdown) if you can travel to Brighton.

Frequency of sessions can be negotiated between us but common models are an ongoing session once every month or so, or a fortnightly session for a few months to address a specific issue, or a one-off session to help you think something through.

Contact outside sessions and boundaries

As this is a mentoring role rather than a therapy role it is fine for us to be in touch professionally or personally outside of sessions, but it will be useful to talk about how this will work best for us.

Content and structure

In the first session we will mutually decide on what the sessions will cover and how we will structure them. We will keep checking in about how this is working as we work together. There are more details about the areas I work with on my website: rewriting-the-rules.com/writing-mentor/

Problems

The main thing that is essential for this kind of support is that you feel comfortable and that we have a good rapport. If, after a session or two, it doesn't feel like that for you please do say. I absolutely won't be offended and can suggest another person you could work with. I will do the same.

Signed

Date:

Client:

Mentor:

